

**Troup County Schools
Informal Adaptive Behavior Checklist**

Student Name _____ DOB ___ / ___ / ___ School _____

Respondent _____ Date Completed ___ / ___ / ___

Adaptive behavior is a developmentally determined set of coping skill. Deficits in adaptive behavior are defined as significant limitations in an individual effectiveness in meeting the standards of maturation,, learning, personal independence, social responsibility, and school performance that is expected of the individual's age level and cultural group. Please rate the items on this checklist according to how the student performs compared to regular education peers of the same age by placing a check (✓) in the appropriate box.

1= Significantly below average 2= Below Average 3= Near or at Average

<u>Independent Functioning</u>	1	2	3	<u>Comments</u>
1. Dressing skills appropriate for chronological age.				
2. Cares for self in bathroom.				
3. Aware of basic hygiene.				
4. Keeps up with own clothing.				
5. Keeps up with materials.				
6. Observes safety precautions.				
7. Demonstrates safety precautions.				
8. Assumes responsibility. (e.g., homework, chores, etc.)				
9. Demonstrates appropriate eating behaviors.				
10. Is reliable. (e.g. completes tasks requested or assigned)				
11. Is truthful. (Provides accurate information)				
12. Prepares food, operates kitchen appliances, etc.				
13. Demonstrates the use of personal and household appliances.				
14. Exhibits maintenance skills. (e.g., uses safety pins, tape, glue, etc.)				
15. Demonstrates knowledge of personal data.				
16. Can use telephone.				
17. Can find emergency numbers and information.				
18. Can find way home or give directions from several locations.				
19. Can write and mail letters.				
20. Can make simple purchases.				
21. Demonstrates prevocational/vocational skills. (e.g., uses screwdriver, tools, scissors, typewriter, etc.)				

<u>Communication</u>	1	2	3	<u>Comments</u>
1. Uses appropriate speech. (coherent, sensible, mature)				
2. Exhibits adequate vocabulary. (e.g., uses appropriate terms)				
3. Communicates effectively with children and adults.				
4. Participates in class discussions.				
5. Understands what others are saying.				
6. Retains and uses information.				
7. Uses appropriate academic skill (reads and writes)				
8. Exhibits an adequate attention span.				

Name _____ Date Completed ____ / ____ / ____

Communication		1	2	3	Comments
9.	Expresses self with appropriate methods. (e.g., talks, draws, uses body language, write				
10.	Uses telephone appropriately				
11.	Communicates needs appropriately				
12.	Communicates appropriate feelings				
13.	Can make decisions and choices.				
14.	Relates experiences, stories, or jokes in a logical sequence.				
15.	Can relate emergency information and knows what to do in case of an emergency. (Fire, injury, tornado)				
16.	Can relate emergency information and knows what to do in case of an emergency. (Fire, injury, tornado)				
17.	Writes letters, responds to advertisements				
18.	Can fill in personal data on information sheets and applications.				
19.	Can deliver messages dependably.				
20.	Can express self in more than one way.				

Socialization		1	2	3	Comments
1.	Laughs/smiles appropriately				
2.	Addresses familiar people by name.				
3.	Participation in games/activities with at least one other person.				
4.	Shows appropriate affection toward others.				
5.	Has a group of friends.				
6.	Responds or reacts appropriately to a given situation.				
7.	Keeps secrets or confidences for more than one day.				
8.	Participates in club/group activities.				
9.	Attends school/community functions without adults.				
10.	Returns borrowed items.				
11.	Follows school rules and understands reasons for those rules.				
12.	Demonstrates appropriate verbal restraint. (e.g., Talks in turn, regulates volume appropriately, etc.)				
13.	Accepts authority. (e.g., obeys, responds appropriately, etc.)				
14.	Thinks for self and is not easily led by other.				
15.	Controls anger/feelings.				
16.	Shows and identifies emotions. (e.g., happy, sad, hurt, disappointed, excited, etc.)				
17.	Adheres to rules of society. (e.g., truthfulness, honesty, etc.)				
18.	Exhibits appropriate physical restraint. (e.g., refrain from pushing, fighting, breaking things etc.)				
19.	Exhibits manners. (e.g., uses common courtesies such as please and thank you, etc.)				
20.	Respects the rights and property of others, and understand the concept of ownership.				
21.	Is flexible. (e.g., leads or follows a situation demands, adjusts to new routines, etc.)				
22.	Responds appropriately to different age groups.				
23.	Regards opposite sex in ways other than boy-girl relationships.				

Name _____ Date Completed ____ / ____ / ____

Please check adaptive behaviors that describe this student.

- 1. Does not understand cause and effect relationships.
- 2. Does not accept responsibility for school work.
- 3. Does not accept responsibility for his/her behavior.
- 4. Interacts more appropriately with younger students.
- 5. Limited ability for reasoning and comprehension tasks.
- 6. Does not carry skills learned to new situations.
- 7. Need concrete learning aides.
- 8. Difficulty with concepts such as time, money, and measurement.
- 9. Dependant on others.
- 10. Lacks appropriate interpersonal skills.
- 11. Does not complete school assignments without individual attention/supervision.
- 12. Does not relate personal information adequately (address, phone number, birthdate, etc.)
- 13. Does not respond adequately to new situations.
- 14. Unable to follow school schedules in a timely manner.
- 15. Does not know his/her way around campus except in a routine manner (gets lost on campus).
- 16. Does not respond with appropriate emotions t various situations.
- 17. Tends to be a follower and not a leader.
- 18. Does not communicate ideas appropriately for hi/her chronological age.
- 19. Uses manuscript instead of cursive.
- 20. Does not seem as coordinated a other students his/her age.

Of those skills checks as deficits, provide a summary statement of how they may impact daily functioning in the 7 areas which have been evaluated.

Name _____ Date Completed _____ / _____ / _____

Describe the student as to:

1. **Independent Functioning (Feeding, dressing, maintenance of personal hygiene, grooming, etc. (Compare to average peers of same age)**

2. **Communication (Extent of ability to functionally communicate with others including receptive and expressive language abilities and overall ability to communicate needs, wants and wishes of caretakers (Compare to average peers of same age):**

3. **Social (Interaction with others as compared to average peers of same age):**

4. **Physical/Motor (Sitting, standing, locomotion, manipulation of objects, gross and fine motor coordination, playing games, climbing, etc.) Compare to average peers of same age based on observation.**

Name _____ Date Completed _____ / _____ / _____

5. **Economic Activity (ability to understand, use, and handle money and to earn wages. Compare to average peers of same age based on observation:**

6. **Daily Living (Ability to perform domestic chores and activities) Compare to average peers of the same age based on observation:**

7. **Self-Direction (Dependability, responsibility, self-initiation of tasks) Compare to average peers of the same age based on observation:**
