

Voice Chart

Student _____ Teacher _____

Week of _____

Directions: Chose a time each day where the unhealthy vocal habit is most likely to occur and count the number observed. Note the time period and complete the chart for one week. This establishes a baseline for vocal habits.

Involve the student in charting his/her progress. The attached graph should be used. Repeat this procedure again after two or three weeks.

Unhealthy Voice Habits	Monday	Tuesday	Wednesday	Thursday	Friday
	Time_____	Time_____	Time_____	Time_____	Time_____
	To Time_____	To Time_____	To Time_____	To Time_____	To Time_____
Yelling or screaming					
Throat clearing					
Noise making					
Too much talking					
Other:					

Comments: